

Elk Point Review

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Early Deadline
Due to the Heritage Day long weekend, advertising deadline for the Aug. 4 issue will be 10 a.m. Wednesday, July 29

Bantam Sox strike out
At Provincials



Celebrating

Page 2 heritage ...Page 6



Vicki Brooker photo

Great day on the diamonds

Wasted Talent took on Red Line late Sunday afternoon in the 'A' final of the eight-team Stoney Lake Slo-Pitch tournament under sunny skies at the conclusion of a great weekend of games and socializing. The Talent was anything but wasted, virtually erasing the Red Line 18 to 3 in short order. Story, Page 2.

Duane Zaraska chosen as Lakeland NDP candidate

VICKI BROOKER
Review Staff

The New Democrats have chosen Duane Zaraska of Elk Point to be the NDP candidate for Lakeland in the upcoming October federal general election.

"Duane knows the pressures that middle-class families are facing in his community," said NDP Leader Tom Mulcair. "Duane's been an advocate for his community for many years, and I know he'd be a strong voice for families in Lakeland."

Duane Zaraska is the Region 2 vice president of the Métis Nation of Alberta, and was elected to that position last October. His roots in the area go back more than two centuries, as he is proud to be a descendant of

surveyor and fort builder Peter Fidler.

He is a dedicated community activist, serving on Lakeland Industry and Community Association as well as several sub committees. He lives in Elk Point with his partner Colleen and is an avid outdoorsman.

"After ten years of Stephen Harper, people are ready for change, and they know Tom has the right priorities for hard-working middle-class families," said Zaraska. "Tom has a plan to help small businesses grow and create good jobs for our community, and I'm proud to be on his team."

DUANE ZARASKA is seeking the Lakeland riding seat in the October federal election as the NDP candidate.



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Bats hot at Stoney Lake

VICKI BROOKER
Review Staff

The batters were up for the challenge at Stoney Lake this weekend, as seven challenging teams took part in three days of slo-pitch action at the annual tournament.

It all came down to the finals on Sunday afternoon, where Wasted Talent

took no pity on Red Line in the 'A' final, defeating them 18 to 3 in short order.

The 'B' final saw the Muffin Stuffers defeat Poncho's Crew, while in the 'C,' Krush did just that to the Clippers.

Saturday afternoon featured a Home Run Derby, where Myles Quinney and Stacey Barron were declared the winners.



'A' WIN - They may be called Wasted Talent, but their talent took them to a landslide 'A' side win in the weekend's Stoney Lake Slo-Pitch Tournament.



RED LINE placed second in the 'A' final at Stoney Lake on Sunday.

Bantam Sox humbled at Provincials

Sometimes baseball can be very cruel and humbling. It may look like a easy game to play for some, but to anyone who has played the game, they will tell you the art of perfection take years, and just when you think you have a handle on the game it comes out and bites you on the butt with a ground ball through your legs, or a easy out when your throw goes two feet wild over the first baseman's head, or a perfect pitch that you pop up to the infield with the bases loaded for the third out. And if you think the game is too slow or boring, just try coaching when things are going into the tank and there's no one in the bull pen warming up and your total game plan just went out the window. But sometimes you have a kid make a difficult play look easy or pound the ball over the fence and it's just like beautiful music to the ears, especially if it's a kid that has been struggling. Baseball has been great to me. I love the game ... but sometimes it makes me wonder if I will ever understand it!

By now you may have heard or seen it on Face book that the Bantam Sox didn't fare very well down in Calgary. They lost both games on Saturday in the round robin, the first one against



Heisler was not so bad, and we had the game within a run in the fifth inning, losing by four runs in the end. The one against Barrhead was not so good right from the opening pitch, the Sox losing this one by 10 runs in five innings. The boys finally did redeem themselves Sunday in the consolation game against Innisfail, winning 13 to 10. Maybe the game meant nothing to some, but it did give the boys some pride back and put a smile back on those long faces

I can think of a thousand excuses why we didn't play well. The field we played on was a midget diamond, so to start off with there was no pitching mound for bantams because of the shorter distance, so they pitched in front of the mound off flat ground. The grass infield was cut out for the midget distance, so to get to second base you had to actually run though the grass, not the shale. The outfield was monstrous for bantam-aged kids, especially when you don't have the fastest outfielders, as is the case with the Sox, so when a team hits to a gap it's big time trouble. The dugouts were wire cages with tarps on top and so on and so on!

(Continued on Page 8)

doug
BASSETT
Review Sports

Haying in the '30s ready to roll

JANANI WHITFIELD
Review Staff

One of the area's biggest and most popular fundraisers is set to launch this August long weekend for its 16th year, but more volunteers could be used to make sure the event is once again a success, says president of Haying in the 30s Lorne Buryn.

The event, which recreates farming and community life in the 1930s, draws more than 5,000 visitors from far and wide to the venue near Mallaig. Admission, food and entertainment are free, but people can choose to donate, and in past years, well over \$200,000 has been raised over the course of two days, with all the funds going to support those affected by cancer.

"We're looking forward to a fun weekend with lots of actions, lots of demonstrations, horse and wagon rides – there's lots for the kids to do," Buryn said, noting this includes rope-making, face painting, pony rides, a petting zoo, Saturday morning's parade featuring all horse-drawn



Haying in the '30s, 2014

floats, an old-time ho down and more.

However, many hands make light work, and Buryn says after volunteers have helped get the site ready, now it would be great to have volunteers on deck for the weekend itself, for kitchen or parking help. Those interested in volunteering can contact Buryn for more information, at 780-210-0126.

Both first-time and long-time visitors will be treated to additions to the site this year, such as a new bazaar building and a first aid station, as well as a lot of upgrades to existing buildings. There was a major upgrade to the village's saloon, which now features a covered band floor, said Buryn. "So people can dance if they want to

dance."

Musicians have volunteered to perform old time music for the saloon but as of late last week, organizers were still hoping to get a few more performers signed up. Anyone interested in providing music can contact Francis Dallaire, at 780-210-8145.

Buryn stressed that all the people putting on the event are volunteers, and donations go directly to the cause.

"All the money goes back to the people that need it."

He invited everyone to come out and enjoy the event, saying, "It's a nice free day of entertainment, free food, free parking, free admission. It's a good day for families and couples to enjoy what happens in the old days."

Guardian

TM

Feeling better starts here

Capsule Comments

One of the ways that antibiotics like penicillin kill bacteria is by attacking the cell wall of the infecting organism eliminating its ability to divide and multiply. The cell walls are like an outer skin that holds the bacteria together. Because our human cells don't have cell walls, they aren't affected by the antibiotic.

If you have diabetes, pay particular attention to your teeth and gums. If your diabetes is not controlled well, your saliva may contain more sugar which is food for bacteria that form that sticky film called plaque. Keep your blood sugar in check. Floss your teeth at least once daily and brush often with a soft toothbrush.

Levothyroxine is one of the top-ten prescribed drugs in Canada. It replaces what your own thyroid is not producing. The best time to take it is one hour before breakfast but this is sometimes difficult to do all the time. The key is to be consistent and take it at the same time whatever that may be. Since thyroid levels are based on blood tests, the dose can be changed according to suit how you take it.

Poison ivy: Even though the rash is not contagious, it can look terrible and be quite uncomfortable. Having had poison ivy before does not confer immunity. Protect yourself by wearing protective clothing like gloves, long sleeved shirts and long pants. If you do get exposed to it, wash it off with soap and water right away. We have products to soothe the poison ivy rashes. Talk to us.

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County of St. Paul No. 19 NOTICE OF PUBLIC HEARING BYLAW No. 2015-15

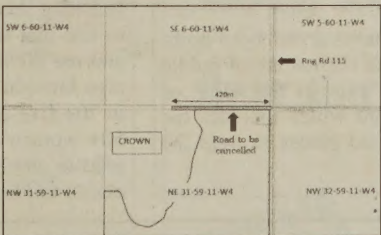


TAKE NOTICE that pursuant to the Municipal Government Act, R.S.A., 2000, as amended, the Council of the County of St. Paul No. 19 proposes to consider

Bylaw No. 2015-15 for the purpose of closing public travel and disposing of the following:

Meridian 4 Range 11 Township 60 - All that portion of the original government road allowance adjoining the south boundary of the South East Quarter of Section 6 lying east of a line drawn at right angles through said road allowance 420 meters west of the west limit of Road Plan 4322NY
Excepting thereout all Mines and Minerals.

A copy of the proposed Bylaw No. 2015-15 may be reviewed and inspected by the public at the County of St. Paul Administration Office (5015 - 49 Avenue, St. Paul, AB.), during the hours of 8:30AM-12:00PM and 1:00PM-4:30 PM, Monday through Friday.



A **Public Hearing** has been scheduled for **August 11th, 2015 at 1:15 P.M.** or as soon thereafter as can possibly be arranged, in the **County Council Chambers, St. Paul**, at which time objections or comments regarding the proposed Bylaw may be given and received.

Concerns may also be expressed through written submissions mailed or delivered to the County Office prior to the Public Hearing.

Dennis Bergheim, Director of Planning & Development
County of St. Paul No. 19
5015 - 49 Avenue
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EDITORIAL

Celebrating our heritage

Next Monday is Heritage Day, a time to celebrate those who have gone before us in our families and our community, the people who laid the groundwork for the lives we live today.

Some of them were the people who bravely left their homelands and their families far across the sea, across the continent or across the American border to come to a new land and make a new start, some of them pioneers who cleared the brush and broke the land we farm today, some the people who built a community we can all be proud of.

Others were the people who were here before them, and even before the trappers and traders of the fur industry came up the river and relied on those First People to teach them the ways of the wilderness.

Still others have come more recently to find a new career, a new life, a new place to call home.

Many different backgrounds, many different cultures have come together to create a rich tapestry that we know as our community. Let us celebrate not only our own family history, but the diverse history that has enriched our lives in this community.

RECREATION CORNER

Movie night coming in August

JENA COLBOURNE
Recreation Director

The St. Paul and District Co-op recently donated the use of a portable movie trailer to the FCSS, which means, Elk Point will have a Drive-in-style Movie Night on August 28th. What's really cool is it'll be free to everyone, thanks to the Co-op. There will also be popcorn provided, all you have to do is bring some lawn chairs or a blanket and enjoy the show. The movie is yet to be determined, but I have been told it will be an all-ages, family-friendly show. The show starts at dusk at the top of the hill, arena field - hope to see everyone out.

On August 8th and 9th the Annual Horticulture and Craft Fair. This is a great way to win some money for your homemade goods. There's plenty of different categories and I'm sure everyone would be able to find something you could enter. There are seniors and kids divisions as well. Parents, if you have some crafts and poems or short stories the kids brought home from school kicking around in the garage, enter them in the fair. Your kids could get some back-to-school spending money. Mine usually walk away with \$50 just from entering their crafts, pictures, and writings.

The show is looking for local vendors and home based businesses to display and sell their products in the vendors section. This is a great way to attract a new audience and build your customer base. Tables are only \$10 and you can book up to 4 tables. This is a great, inexpensive way to gain exposure.

For local artists, you can display your works at the show as well. You will need to provide your own stand, should you need one. There will be tables available.

Once again this year, there will be a non-judged Quilt show. This is a relaxed environment to display your works of art.

Vendors, artists and quilters - Please book ahead by contacting Donna at 780-724-4375.

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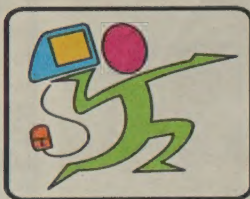
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WAY BACK WHEN...

High point, firm foundation, final crop year

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE LAKELAND REVIEW AND ELK POINT REVIEW FOR THE WEEK OF JULY 28 IN...

1985

Derek Hehr won the High Point saddle and bullriding trophy and Randy Wickham won the saddle bronc trophy at Whitney Lake Rodeo, where Reg Young, with no previous experience, climbed aboard a bull named Bobby Sue in a fundraising event for the Elk Point Boxing Club. Pothole repair was underway on Elk Point streets, with 30 tons of cold mix delivered to the public works yard, but no hot mix found yet to repair streets torn up to repair the winter's water main breaks.

1990

A raw water supply study determined that the North Saskatchewan River was the Town of Elk Point's most reliable source of long-term raw water supply for the town, as six to 18 wells would be needed to supply ground water and the existing source, Atimoswe Creek was unpredictable in flow levels. The Alex Kurash Memorial Fund was established in memory of the late minor hockey coach, with a \$500 donation from the peewee hockey team's Fair Play Award added to the fund that would provide annual awards to peewee players showing the most improvement.

1995

A firm foundation was put in place north of the tourist information centre in readiness for Elk Point's new cenotaph, with the area, which also contains the RCMP monument, to be called 'Valor Park', with dedication ceremonies for the cenotaph planned for Aug. 14, the 50th anniversary of Victory in Japan and the end of World War II. The recreation park ball diamonds took top billing when the town handed out \$4,000 in recreation funding, with \$700 allocated to aerate, top dressing and seeding on two diamonds and the third diamond to receive more extensive work to upgrade it to regulation baseball diamond status.

2000

Elk Point Midget Girls shone bright in Didsbury,

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

where the team, coached by Dave Cousins, Jeremy Wetsch and Daphne Schnurer, won Provincial D silver medals, the gold going to Irma. What could be the final crop year for Agricore's Elk Point elevator was drawing to an end, with grain buyer Brian Fuller telling county council it was "an economic issue, as opposed to blaming the railway; we just don't have enough volume passing through the elevators."

2005



Ross Morris passed the Trans Canada Trail Centennial Relay flag to Heinsburg Community Club president Marilyn Bosvik when the relay passed through Heinsburg on a rainy July day.

The Trans Canada Trail Centennial Relay flag was handed across the Saskatchewan border at Onion Lake, at the end of a rain-plagued six-week trek across the province, a ceremony Sheila Thompson of the Riverland Recreational Trail Society called "a glorious moment in time." The Chamber of Commerce approved the expenditure of up to \$3,000 for environmental tests on potential sites in the Iron Horse Trail staging area for their planned train station project.

2010

Elk Point Midget Sox made it three provincial medals in three years, as they accepted Tier I silver, finishing second out of 30 teams from across Alberta, to add that honour to the previous year's Tier 2 gold and the 2008 Tier I silver. Elk Point and area seniors also brought home medals, Pat Swedgan with silver in 70+ five-pin bowling, Loretta Stich with bronze in 50+ women's golf, Millie Orr with silver in quilting, gold in crocheting and knitting and silver in recycled crafts, and Ernie Poitras with bronze in recycled crafts.

ELK POINT REVIEW

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We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.

Canada



Gold medals across the board for Frog Lake athlete

DECKED IN GOLD
- Donovan Fryingpan proudly displays the eight gold medals he earned at the Alberta Indigenous Games in Edmonton.



Submitted photo

SUBMITTED COPY
Donovan Fryingpan, 21, of Frog Lake attended the Alberta Indigenous Games July 15 in Edmonton.

He participated in eight different track and field events and earned the coveted gold medal in each one of them. The events that he earned a gold medal in were the 100m, 200m, 400m, javelin, shot put, discus, long jump and high jump.

He earned these commendations competing in the junior men's category.

The high jump event saw him beat his personal best jump of 160 cm, that he set at the age of 16. He jumped 198 cm in Edmonton. He also beat the mark he set at the Alberta High School Provincials three years ago in the 400m. He completed the run in 49.51 seconds three years ago - he finished in 49.25 seconds last week.

Attending the tournament to give him support was his mom Barbara Fryingpan and his Kokum Ina.

Fryingpan's achievements are many in a track and field career that began in 2007. Fryingpan received a lot of support from coach Duane Manderscheid

at Chief Napeweaw Comprehensive School. Manderscheid was Donovan's coach through his junior and senior high years.

He has dreams of one day being able to beat the Canadian record for junior

men in the 400m. The record is 46.8 seconds.

But, that feat will have to be accomplished at another competition, because this was his last year of eligibility to partake in the Alberta Indigenous Games.

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**Public viewing August 9
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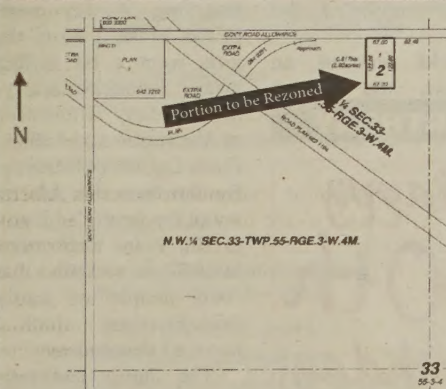


NOTICE COUNTY OF ST. PAUL NO. 19

Notice is hereby given that the Council of the County of St. Paul No. 19 is considering **Bylaw No. 2015-17** which is a Bylaw to amend the Land Use Bylaw No. 2013-50 as it relates to zoning of the following land:

Part of NW 33-55-3-W4M

**Proposed rezoning from Agricultural to
Industrial Commercial**



A Public Hearing will be held on **Tuesday, August 11 at 1:00 p.m.** or as soon thereafter as can possibly be arranged, at the County Office (5015-49th Ave) in St. Paul.

Copies of the Bylaw and Plan may be inspected during normal office hours at the County Office.

For further information, contact the County Office at 645-3301, ext 205.

**Krystle Fedoretz, Planning &
Development Officer**

County of St. Paul No. 19
5015 - 49 Avenue, St. Paul, AB., T0A 3A4

GLENDON DERBY 2015

SATURDAY, AUGUST 8

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10 AM - Parade - Main Street

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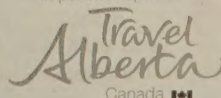
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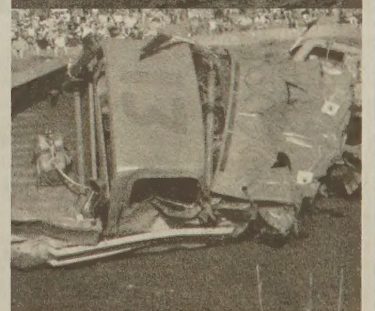
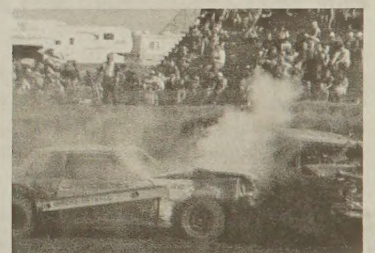
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PIONEER DESCENDANTS - A large crowd of the descendants of 1906 pioneers Tom and Thea Aarbo gathered at Stoney Lake recently for a reunion.

Aarbos celebrate proud pioneer heritage

VICKI BROOKER
Review Staff

In 1906, Tom Aarbo became one of the very first settlers to put down roots on a homestead in

the district, two years after he first came to the area. Some 119 years later, his descendants got a head start on Heritage Day on the July 17-19 weekend, when they held

a huge reunion at Stoney Lake Hall. A total of 114 family members attended the event, and although this didn't come close to the 143 at the family's first reunion in 1979, this year's event included seven relatives who came all the way from the family's ancestral homeland of Norway for the event, as well as a number from across western Canada.

In 1899, brothers Therald (Tom) and Gilbert Aarbo boarded a cattle boat in Bergen, Norway, and worked for their passage to the United States. There, they found farmland was already selling for a high price, and

when they heard of homesteads selling for \$10 in Alberta, they headed north to Edmonton, and traveled down the North Saskatchewan River on a raft in the fall of 1904.

The two wintered in a cave dug in the riverbank, and searched for land that had both evergreen forests and grassland, finding both in what would later become the Elk Point district. In the fall of 1906, after working on a farm in the Mannville area and receiving his pay in cattle, Tom filed a homestead on NW 34-56-6 W4. He and Gilbert built a log home on the quarter section before Gilbert went back to the USA, and Tom went back to Edmonton to fetch his bride, Thea Anderson, who he had met there before the raft voyage. They were married in Mannville in

1907, and had their first there after her marriage,



NORWAY VISITORS - Family members from Norway attending the reunion included (front, left to right: Veronika Svarthol, Kari Svarthol, Arne Berglund, Synove Berglund, (back, left to right) Andre Svarthol, Trond Svarthol. Not shown, Oistein Sariberget.

child, Jens, a year later, followed by Martin and Lillian, all three delivered by a midwife, Mrs. Wolfe, who lived on the next homestead. Rose, Martha, Jeannette and Phyllis, along with Thea's Norway-born daughter Alfield, who came to the new country with Thea's mother, completed the family.

Alfield married an American and moved

but the other children remained closer to the homestead, Jens marrying Doris Young from Lindbergh, Martin marrying Ida Waltze from Landonville, Rose marrying Harry Blacklock of Lindbergh, Martha marrying Don Lorenson of Heinsburg and Phyllis marrying Wesley Scott of Elk Point. Two of the girls went a bit further away, Jeannette marrying Mackay Dunsmore of Vermilion and Lillian, Frank LaGore of Hardisty. By the time that Martin wrote the family's history in Elk Point Reflections in 1977, he recorded that "two people of hardy Scandinavian stock... leave 85 descendants."

The family continues to grow and flourish today, and continues to be an integral part of the community they helped to establish.

Review Announcements

THANK YOU

Gordon and Deanna Fakeley wish to thank all of their family and friends whose attendance at their **50th Anniversary Party**, made it a very festive and memorable event! To those who assisted in the food preparation and serving, tending the bar, entertainment and decorating - thank you for a beautiful evening. Thank you for all the lovely gifts and cards and a **BIG** thank you to our great Children and Grandchildren for a delightful memory!



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BIRTHDAY



Help us celebrate
Mildred Doyle's (Miss Bloor)
90th Birthday

Friends, neighbours, all of you who taught with or was taught by, Mrs. Mildred Doyle (Miss Bloor), we are celebrating her 90th birthday.

Date: Saturday, August 8, 2015
Where: Edmonton, AB

For further information please contact Mary Doyle at email: mildreds90thbday@shaw.ca
We look forward to seeing you at our celebration!

IN MEMORIAM

In Memoriam
Ziomek, Mike
January 5, 1935 - July 31, 2014



Remember me as you pass by.
As you are now someone was I
As I am now so will you be
Prepare yourself to follow me
Remember him with a smile today
He was not one for tears
Reflect instead on memories
Of all the happy years
Recall to mind the way he spoke
And all the things he said
His strength, his stance, the way he walked
Remember these instead
The good advice he'd give us
His eyes that shone with laughter
So much of him will never die
But live on ever after
As we loved you, so we miss you
In our memory you are near
Loved, remembered, longed for always
Bringing many a silent tear.

Your Loving Family

BIRTH



Big Sister Jaedyn
Big Brother Camden
are proud to announce the arrival of their Sister
Maddyn Karmela Duchesneau



Born June 12, 2015
8lbs 1 oz

Proud Parents
Trevor and Kristyn Duchesneau

Proud Grandparents
Randy and Pamela Ballas
Denis and Karen Duchesneau

BIRTHDAY

Happy 50th Birthday!



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online at: www.metisemployment.ca**1005. Help Wanted****County of St. Paul No. 19
EMPLOYMENT
OPPORTUNITIES**

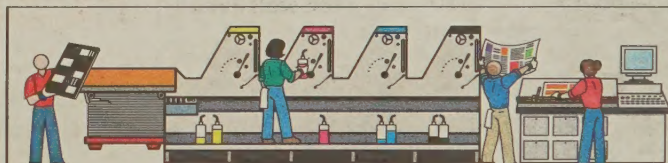
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- Ensure heavy equipment is safely and securely stored
- Advise Public Works Supervisors of any requirements for maintenance or repairs
- Participate in routine maintenance
- Service equipment on a regular basis
- Use equipment for summer maintenance on gravel and oiled roads
- Use equipment for snow removal
- All other duties as requested

***THE DEADLINE FOR ALL APPLICATIONS IS
FRIDAY, AUGUST 14 AT 4:30 PM.**Please forward resumes to
Public Works SuperintendentLeo deMoissac at ldemoissac@county.stpaul.ab.caIf you require further information, please contact
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Bantam Sox

(Continued from Page 2)

We had to play two games on Saturday, instead of one Friday and one Saturday, because of finishing in last place. The luck of the draw. We can make all the excuses in the world but everyone had to play on the same field and the truth is, we simply could not get on base and when we did get on base we couldn't get the runs home. We had lots of other problems with errors in the field and pitchers having trouble throwing strikes, but it really boils down to the boys did not perform at the plate. Plain and simple, we could not hit the ball and no excuses can change the fact!

Hey, we've done really well, seven provincial medals in the last 12 years, and we plan on being there again next year. Thanks to our wonderful coaching staff, Darcy and Sheana Pankiw, Dennell Anderson and to all the parents for the terrific year. And to the boys (and girl) of summer, thanks guys, I had a ball as always, see you all next year!

Now for the K.A. Campbell quote of the week. "It isn't hard to be good from time to time in sports. What is tough is being good every day. Last week's answer to - "I think the mark of a great player is to be confident in tough situations."- John McEnroe

Stay safe in and on water

SUBMITTED COPY

The Lifesaving Society and STARS air ambulance are partnering-up across Western Canada to promote water safety. Approximately 500 Canadians drown every year, including 28 Albertans, 22 Saskatchewanians, and 15 Manitobans in 2014.

Below are ways the public can reduce the risks of drowning:

- Never leave children alone near water. And stay close - always within arms' reach.
 - Designate an adult to supervise children in or around water.
 - Have 100% attention when supervising, by putting away distractions like cellphones.
 - Watch the face - especially the eyes.
- Many victims don't call, wave, or signal for

help because they can't keep their head or arms above water.

- Young children and non-swimmers should wear a lifejacket.
- Check for hazards in and around water, and know your limits.
- Never swim alone or while intoxicated.

In addition to supervision, swimming is a life skill that every child should learn - and the Lifesaving Society points out that teaching children survival swimming skills is like an immunization against drowning. They recommend taking Parent & Tot lessons at your local pool to give toddlers a positive introduction to water, and looking for swimming lessons for older children. More information and additional water safety tips are available at lifesaving.org.

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